

Curriculum Coverage in PSHCE

	Year 7	Year 8	Year 9	Year 10	Year 11
Autumn Term 1	Topic: Relationships Knowledge: Diversity, prejudice and bullying. Managing on and offline relationships Skills: How to manage friendships. How to use online privacy settings to protect identity NC Links: PSHE Relationships	Topic: Health & Wellbeing Knowledge: Wellbeing, mental health, Skills: Recognising mental health issues, coping strategies, support, community NC Links: PSHE Health & Wellbeing	Topic: Health & Wellbeing Knowledge: Peer Pressure & Unhealthy coping strategies Skills: Knowledge of a range of alternative strategies to help cope in difficult situations NC Links: PSHE Health & Wellbeing.	Topic: Preparation for Work Experience Knowledge: interviewing and job skills in preparation for going on work experience Skills: interview techniques NC Links: Citizenship & PSHE Living In The Wider World	Topic: Careers & Citizenship Knowledge: Understanding college processes and skills for employment. Law & Justice Skills: Numeracy, evaluation, debate NC Links: Citizenship & PSHE Living In The Wider World
Cross Curricular Link	SMSC ICT	British Values SMSC ICT	SMSC	English SMSC	SMSC English ICT
Autumn Term 2	Topic: Living in the Wider World Knowledge: Managing Money Skills: Numeracy NC Links: Citizenship & PSHE Living In The Wider World	Topic: Laws & Justice. Racism and Human Rights Knowledge: Introducing students to British Laws and the justice system. Human rights including attitudes to racism. Online safety & digital literacy Skills: online safety & digital literacy NC Links: Citizenship, PSHE Relationships	Topic: Healthy Relationships Knowledge: Managing conflict at home. Tackling homophobia, transphobia and sexism Skills: : Appreciating difference, empathy NC Links: PSHE Relationships	Topic: Citizenship, Health & Wellbeing Knowledge: Living together in the UK, Exploring the influence of role models, diversity, extremism Skills: Debate NC Links: Citizenship, PSHE Health & Wellbeing	Topic: Healthy Relationships Knowledge: personal values and assertive communication. Tackling domestic abuse & forced marriage Skills: Recognising signs and symptoms of abusive relationships. Management strategies NC Links: PSHE Relationships
Cross Curricular Link	SMSC Maths	SMSC British Values	SMSC	British Values SMSC	SMSC
Spring Term 1	Topic: Relationships Knowledge: Self-esteem, exploring family & relationships Skills: strategies to improve self-esteem NC Links: PSHE Relationships & Statutory RSE	Topic: Relationships Knowledge: Introduction to sexuality and consent. Contraception Skills: decision-making skills NC Links: PSHE Relationships & Statutory RSE	Topic: Relationships Knowledge: RSE including healthy relationships and consent. STIs, sexting & pornography Skills: Recognising signs & symptoms. Prevention strategies NC Links: PSHE Relationships & Statutory RSE	Topic: Relationships Knowledge: Understanding different families & parenting skills. Managing change - grief Skills: coping strategies NC Links: PSHE Relationships	Topic: Citizenship, Health & Wellbeing Knowledge: Promoting self-esteem, dealing with stress & revision skills. Law & justice Skills: Revision techniques, mental health & wellbeing strategies NC Links: Citizenship, PSHE Health & Wellbeing

Cross Curricular Link	SMSC	SMSC Science	SMSC Science	SMSC Science	British Values SMSC
Spring term 2	Topic: Citizenship, Health & Wellbeing Knowledge: Rules, Fairness, Rights & Responsibilities. Diet & Exercise Skills: Knowledge of rights and responsibilities. Knowledge of healthy and unhealthy lifestyle choices. NC Links: Citizenship, PSHE Health & Wellbeing	Topic: Living In the Wider World Knowledge: Communities & Identities. Rights and responsibilities. Age & disability discrimination Skills: empathy NC Links: Citizenship & PSHE Living In The Wider World	Topic: Citizenship: Politics Knowledge: Liberty, freedom and parliamentary democracy Skills: analysis, debate NC Links: Citizenship	Topic: Citizenship & Living In The Wider World Knowledge: Democracy at work in the UK. Debt & Gambling Skills: Analysis, debate, numeracy NC Links: Citizenship & PSHE Living In The Wider World	Topic: Living in the wider world Knowledge: Health an well being concerning drinks, drugs and alcohol, life and money, payslips, renting vs mortgage Skills: Numeracy, evaluation, debate NC Links: Citizenship & PSHE Living In The Wider World
Cross Curricular Link	British Values SMSC Science PE	British Values SMSC	British Values SMSC English	British Values SMSC Maths	British Values SMSC Maths
Summer Term 1	Topic: Living In the Wider World Knowledge: Enterprise, careers & raising aspirations Skills: analysis and evaluation NC Links: PSHE Living In The Wider World	Topic: Living in The Wider World Knowledge: Understanding careers and future aspirations. GCSE options Skills: analysis and evaluation NC Links: PSHE Living In The Wider World	Topic: Citizenship & Living In The Wider Worlds Knowledge: Evaluating value for money in services & making financial decision. Planning and carrying out an enterprise & citizenship project using ethical financial decisions Skills: Numeracy, Evaluation, Decision-making NC Links: Citizenship & PSHE Living In The Wider World	Topic: Citizenship, Health & Wellbeing Knowledge: Living together in the UK, Exploring the influence of role models, community Skills: Debate NC Links: Citizenship, PSHE Health & Wellbeing	
Cross Curricular Link	British Values SMSC Maths	Maths	British Values SMSC Maths	SMSC	
Summer Term 2	Topic: Health & Wellbeing Knowledge: Alcohol & tobacco Skills: decision-making, analysis NC Links: PSHE Health and wellbeing	Topic: Health & Wellbeing Knowledge: Mental health and emotional wellbeing- body image Skills: evaluation, strategies to improve self-esteem NC Links: PSHE RSE Health and wellbeing	Topic: Health & Wellbeing Knowledge: Peer pressure, risks. Drugs & Alcohol addiction Skills: analysis, evaluation, strategies to cope NC Links: PSHE Health & Wellbeing	Topic: Health & Wellbeing Knowledge: Reflectings on WEX, online safety, staying safe, how to get support Skills: analysis, evaluation, debate NC Links: PSHE Health & Wellbeing	

Cross Curricular Link	SMSC Science PE	SMSC Science PE	SMSC Science	SMSC IT	
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